

FLEMING'S PRIME STEAKHOUSE & WINE BAR

GLUTEN-FREE MENU

"I take the dietary needs of our guests as seriously as they do. That's why we have such an extensive gluten-free menu without a lot of substitutions. We want our guests to experience what dining at Fleming's is all about and enjoy all of the great flavors we offer. And because we make everything from scratch our chefs can ensure that your meal will be the best it can be."

— Executive Chef Russell Skall

We will make every attempt to meet your individual dietary needs. Although our kitchen is not gluten-free, the following menu items are appropriate for a gluten-restricted diet. Please advise your Server you are ordering gluten-free.

APPETIZERS

LUMP CRAB LOUIS WRAPS
TENDERLOIN CARPACCIO order without croutons
WICKED CAJUN BARBECUE SHRIMP order without croutons
SHRIMP COCKTAIL
SEARED AHI TUNA order without wasabi and soy sauce, request caper creole mustard sauce
CHILLED SEAFOOD TOWER

SALADS

THE WEDGE
FRESH MOZZARELLA & SWEET TOMATO
CLASSIC CAESAR
FLEMING'S SALAD
Order all salads without croutons
All dressings are gluten-free with the exception of red onion balsamic vinaigrette

SIDES

FLEMING'S POTATOES
BAKED POTATO all toppings are gluten-free
MASHED POTATOES all varieties are gluten-free
SAUTÉED SPINACH
SAUTÉED MUSHROOMS
SAUTÉED SWEET CORN
GRILLED ASPARAGUS
ROASTED BABY CARROTS
SAUTÉED FRENCH GREEN BEANS

STEAKS

MAIN FILET MIGNON
PETITE FILET MIGNON
LITE FILET MIGNON served with Fleming's potatoes
PRIME RIBEYE
PRIME BONE-IN RIBEYE
PRIME NEW YORK STRIP
PORCINI RUBBED FILET MIGNON
PEPPERCORN STEAK

CHOPS AND MEAT

NAGLE VEAL CHOP
NEW ZEALAND LAMB CHOPS
DOUBLE THICK PORK RIB CHOP
DOUBLE BREAST OF CHICKEN
PRIME RIB order without au jus and horseradish mustard sauce
STEAKHOUSE COBB order without puff pastry twist, substitute another dressing for red onion balsamic vinaigrette

The following sauces are gluten-free:

Peppercorn	Porcini Mushroom
"F17" Steak Sauce	Lemon Butter
Horseradish Cream	Smoked Jalapeño Aioli
Madeira	Jalapeño Pepper
Béarnaise	Lobster Sauce

SEAFOOD

TUNA MIGNON
SEARED SCALLOPS order without flour
NORTH ATLANTIC LOBSTER TAILS
ALASKAN KING CRAB LEGS

DESSERT

CRÈME BRULÉE
MIXED BERRIES whipped cream and/or vanilla ice cream
VANILLA ICE CREAM fudge sauce

This menu is an informational resource only and should not be considered a substitute for individualized medical advice from personal physicians or registered dietitians. We take great care to ensure the foods offered on this menu are free of gluten and gluten derivatives, however we are not responsible for individual reactions to any foods. Menu items are prepared to order so slight variations may be present.